**HOME LEARNING 5th – 8th January 2021**

**Coronavirus related resources**

**Social distancing video Self care**

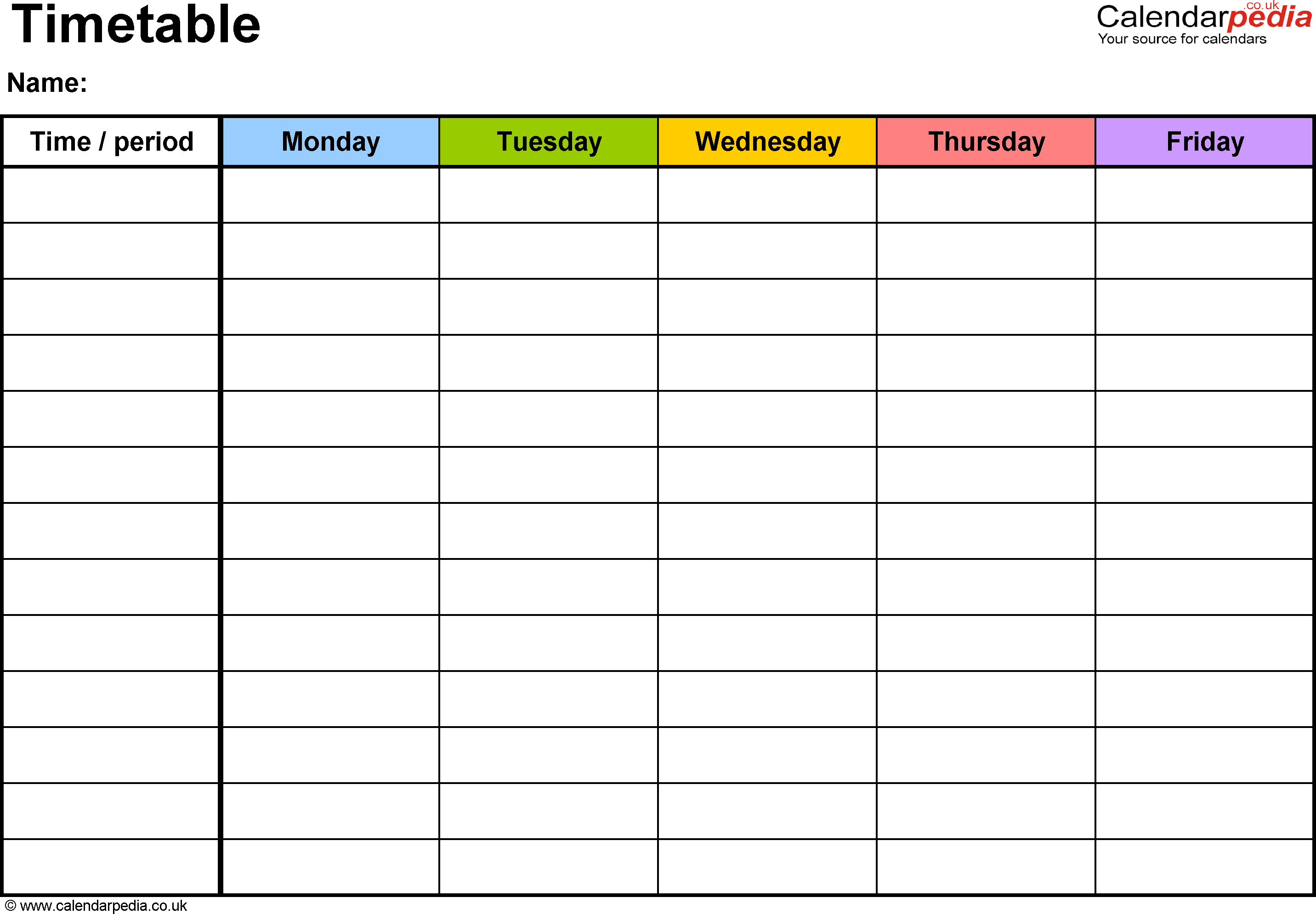
<https://www.youtube.com/watch?v=jnrtxAmdQ_w>

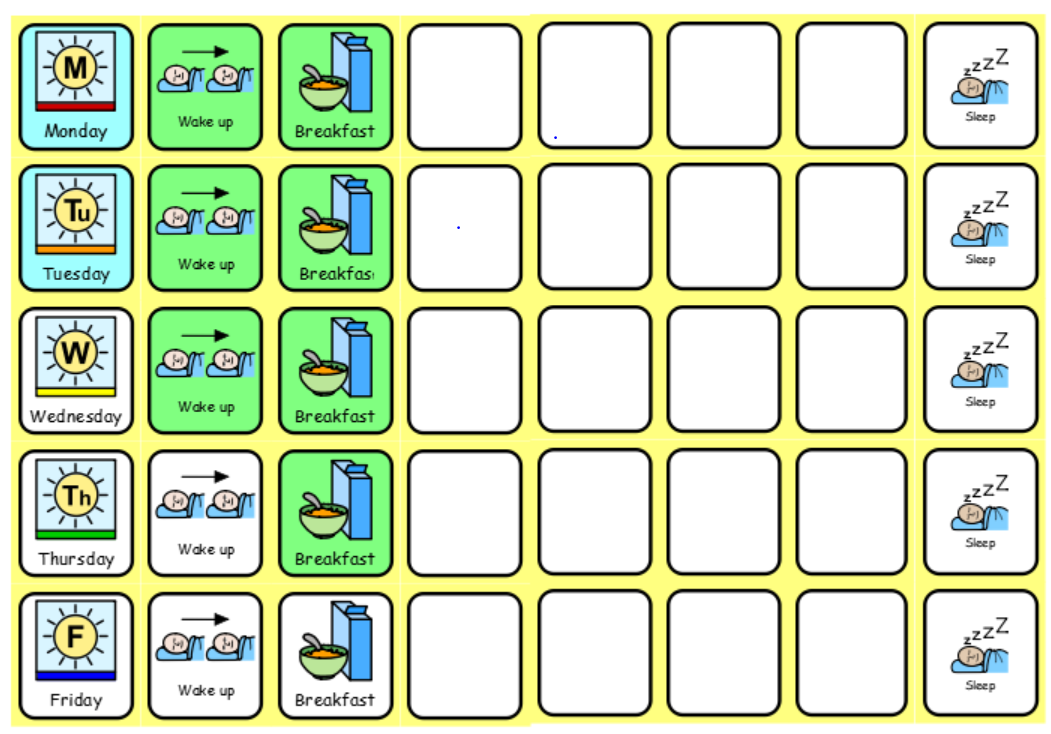
**What is Coronavirus?**

<https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler/>

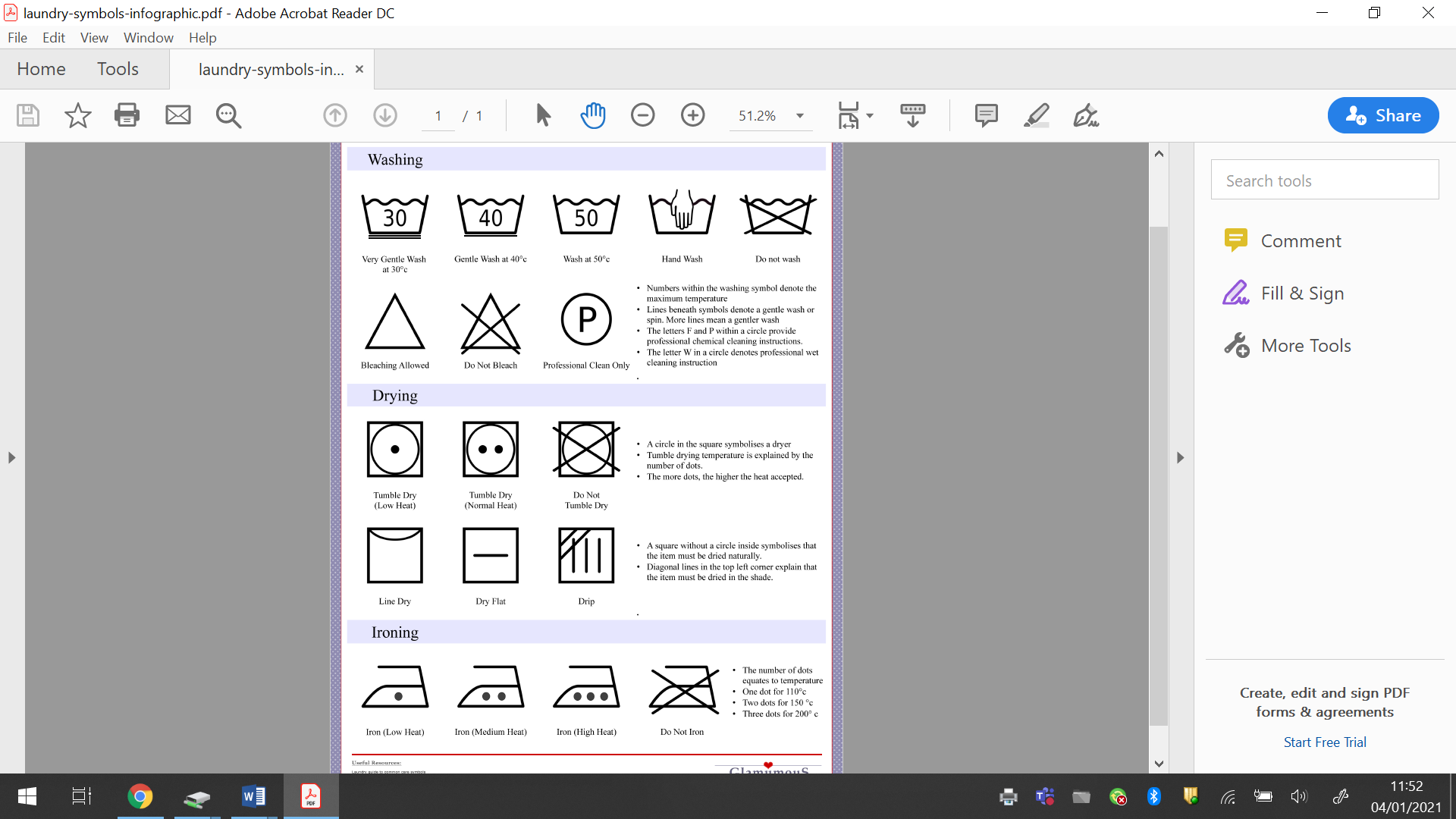
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| --- | --- | --- |
|  | **Session** | **Progress made** |
| **Monday** | **Inset day** | |
| **Tuesday** | **30 Minutes EHCP**  Speech Language and Communication |  |
| **1** | **Session 1**  **Task 1 –** Use a computer to research weather  **Task 2 – Looking at the 7 day forecast .**  **Q1** What is the best day for outdoor activity  **Q2.** What day is the wettest?  Q3 Which day is the warmest?  Q4. Which day is the coldest? |  |
| **2** | **Session 2**  **Task 1** Review and Agree Time table for the week  This to consider weather for cast for each session  **Resource- Timetable text or Symbol** |  |
| **3** | **Session 3 ICT**  Introduction to Laundry Symbols  **Task 1 –** Sort clothes according to colour.  **Task 2** – Check labels to see settings required.  **Resource- Laundry labels** |  |
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| Wednesday | **30 Minutes EHCP – Cognition** |  |
| 1 | **Session 1-** Preparation for Work  Powerpoint – Look at powerpoint and answer questions related to what words mean  **Task 1-** Discuss skills and qualities  Relate to their own skill and qualities about themselves  **Task 2-** Complete Progress sheet choosing at least 3 qualities and 3 skills  **Resource-** |  |
| 2 | **Session 2** Lifestyle First Aid  **Task 1** – What to do on a 999 or 112 – Slide 1-  **Task 2 –** 9Work through slides and discuss first aid recovery positions **slides 10-13**  **Resource-** First aid power point |  |
| 3 | **Session 3-** Home tasks  **Daily Exercise**  **Exercise – walk to the local park, Up and down step / stairs/ Exercise in the garden/ follow a dance routine.**  Feedback about your own nature walk. What did you see? Describe them?  Agree an activity and its duration.  Complete the activity and report  Record in independence /physical |  |
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| Thursday | **30 Minutes EHCP – Independence Target** |  |
|  | **Session 1** – Food Preparation  Focus Knife Skills  **Task 1** Use a knife to spread (sandwich, crackers, Toast)  If using butter <https://www.youtube.com/watch?v=WYDjfQPFg_M>  **Task 2 –** Use one hand to stabilise vegetable or meat.  Use dominant hand to slice or chop to contribute to preparation of a snack or meal.  <https://www.youtube.com/watch?v=fs8cQ_tjsF8&feature=youtu.be> |  |
|  | **Session 2 –** GOLF FITNESS and adapted golf  **Task 1 -** <https://www.youtube.com/watch?v=Icfdmkmk9Qw>  **Task 2**  To roll ball to different targets or to use household equipment to send ball to a target.  **DANCE / Gym FITNESS**  **Task 1 – Complete a short warm up.**  [**https://www.youtube.com/watch?v=aW\_JqSK-CgY**](https://www.youtube.com/watch?v=aW_JqSK-CgY)  **Task 2** – hold each position for 20 seconds. Listen to the names of the positions so you can create your own routine. |  |
|  | **Session 3-** Hobbies –  Following rules in a game  **Task 1**  Create a board game with support. The board needs at least 28 spaces so the game can have enough content and turn taking can take place.  **Parent task**  Write in words, letters or numbers on the game tiles. So your son/daughter can practise their EHCP target vocabulary.  **Task 2**  Play game focusing on turn taking and reading the tile. If they can not read the tile move back one space and read this tile before their next roll of the dice/ number generator. |  |
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| Friday | **30 Minutes EHCP –**  **Social Well-Being Target** |  |
|  | **Session 1-** Managing Social relationships  **Task 1**  Agree questions that can be asked when making a telephone call  **Task 2**  Think about what they have done over the last week.  **Task 3**  Call a friend/ relative ask agreed questions.  Answer questions in sentences using key words. |  |
|  | **Session 2-** Products (good) and Services  **Task 1 -**[**https://youtu.be/Umq76iNkhx0**](https://youtu.be/Umq76iNkhx0)  Watch the video and pause to discuss what is a good and a service. Why are they different.  **Task 2 Logo’s**  [**https://www.youtube.com/watch?v=s3SbAtA4nVQ**](https://www.youtube.com/watch?v=s3SbAtA4nVQ)  Name the brand  Do they sell a good or service? |  |
|  | **Session 3-** Self Development –  EHCP TARGET STUDENT LED. |  |
|  | **Task** | **Progress** |
| **(Daily)**  **Physical Exercise** | [**https://www.youtube.com/watch?v=-TGEdzRzSbw**](https://www.youtube.com/watch?v=-TGEdzRzSbw%20%20)  [**https://www.youtube.com/watch?v=faE7889AIaU**](https://www.youtube.com/watch?v=faE7889AIaU)  [**https://www.youtube.com/watch?v=wPVsVbSwQ60**](https://www.youtube.com/watch?v=wPVsVbSwQ60) |  |
| **(Weekly)**  **Independent living Skills** | **Making the bed**  [**https://www.youtube.com/watch?v=HtHM1mgt7Yk**](https://www.youtube.com/watch?v=HtHM1mgt7Yk)  **Load the washing machine**  [**https://www.youtube.com/watch?v=xja1mLXfQDw**](https://www.youtube.com/watch?v=xja1mLXfQDw)  **Loading the dishwasher**  [**https://www.youtube.com/watch?v=z5PEVuzAHDg**](https://www.youtube.com/watch?v=z5PEVuzAHDg) |  |
|  |  |  |
| Daily Activities | **Daily Exercise**  **Exercise – walk to the local park, Up and down step / stairs/ exercise in the garden/ follow a dance routine.**  Feedback about your own nature walk. What did you see? Describe them?  Agree an activity and its duration.  Complete the activity and report  Record in independence /physical | |
| Independent living  Weekly | **Cook 1 hr / Food Critic – Focus Communication**  Cook evening meal with support.  Follow verbal instruction, Find item, chop ingredient and mix.  Prepare food.    Was the Food hot, warm, cool or cold.  Which item was the tastiest?  Would you change anything?  Repeat for pudding or treat. | |
| Daily/ Weekly | **Independent study 1 hr**  Review the week verbally or in written form.  What tasks have you completed?  What achievements are there?  What progress have been made and what are you going to work on next week.  Has information been emailed to teacher.  Report progress within email. | |
| Websites to support learning | **Discovery Expresso**- Follow the link  <https://www.discoveryeducation.co.uk/login/autologin/?service=espresso&user=admin&token=OTU3MTspVPr0PO5AQJj9P5yLIYlhVMTQNw==&err=na>   |  | | --- | |  | | |

Tuesday Session 2

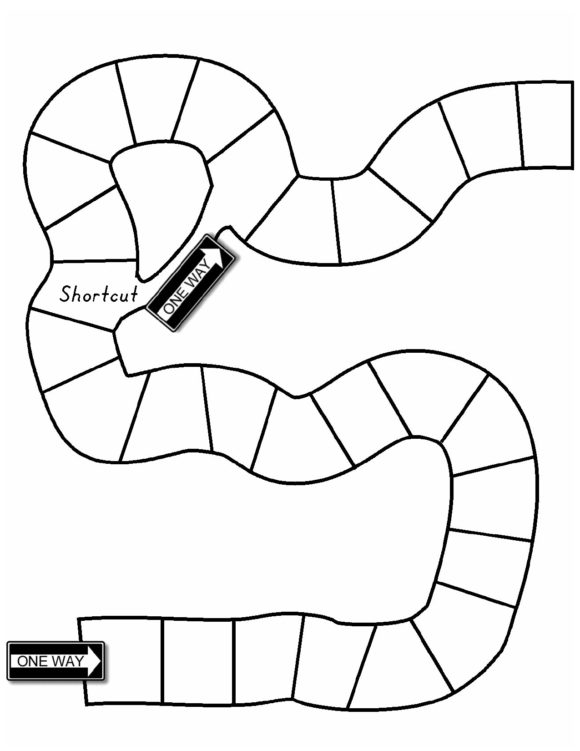




**Tuesday Session 3**



**Thursday – Session 3**



**Create your own board game.**

Fill shapes with numbers, words or topics to discuss.

Use a dice or a random number generator on the internet. Move a game piece with the number given and read the content of the box.