**HOME LEARNING 25th – 29th January 2021**

**(Week 4)**

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|  | **Session** | **Progress made** |
| **Monday**  **1** | Products (good) and Services  BRAND AWARENESS  **Task 1 -**[**https://youtu.be/Umq76iNkhx0**](https://youtu.be/Umq76iNkhx0)  Watch the video and pause to discuss what is a good and a service. Why are they different.  **Task 2 Logo’s**  [**https://www.youtube.com/watch?v=s3SbAtA4nVQ**](https://www.youtube.com/watch?v=s3SbAtA4nVQ)  Name the brand  Do they sell a good or service?  Record using Pic Collage – Record logo and brands that they could recall. |  |
| **2** | **Community Action**  **Task 1 – My Community PowerPoint**  (see website)  Look at and discuss how people can help us.  Discuss what jobs people do and what they do to help.  **Task 2 –** Answer the questions on the interactive quiz (website)  **Task 3-** Complete sheet 2 (not done previous Week)  People who help us (writing practice see website resources) |  |
| **3** | **Money/ Budgeting**  **Task1** –Watch [Coin Recognition Video](https://www.youtube.com/watch?v=vs8F_g3MGtM)  **Task 2-** Identify coins  **Task 3**- Order coins smallest to largest in value.  (use real coins)  **Task 4-** Roleplay – use receipts to record items bought.  Support will be needed to support current level of writing.  Extension Tasks  **Task 4 Consolidation activities**  [Money activities and Assessment](https://central.espresso.co.uk/espresso/primary_uk/subject/module/activity_index/item849256/grade1/index.html)  Work on the Target you are not achieving 100% |  |
| **Tuesday** |  |  |
| **1** | **Physical Activity**  **(School Only)**  **Swimming**  **Or**  **Home Work out**  Follow the different stations and create your own work out around the room or the house.  Wheelchair user to complete adapted exercise or to start their physio programme.  **Resource on Class 5.4 website** |  |
| **2** | **Learn a new Skill**  Learn how to use an appliance, technology or tools outdoors.  **Task 1** To identify different jobs that could be completed in the home or in your learning area. What would help your independence?    **Task 2** To practically listen and watch how to use equipment practically from your support |  |
| **3** | **Volunteering**  **Task 1-**  Agree a task you volunteer to complete In your setting.  **Task 2 –** Complete volunteering record  **e.g** Hoover every evening,  (30 Minutes a week)  Clean and tidy room  Help parents with Dinner  **Task 3 – How do people see me work sheet and discussion**  Read through statements and agree which statements are true.   * Record by writing out statements , * Highlighting statements * Cut out statements and organise   Like me, not me |  |
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| Wednesday | **30 Minutes EHCP – Cognition** |  |
| 1 | **Session 1-** Preparation for Work  Powerpoint – Look at Powerpoint and answer questions related to what words mean  **Task 1-** Discuss skills and qualities  Relate to their own skill and qualities about that their Employers would expect  **Task 2**- Use sorting cards to match jobs to role, skills and qualities  **Resource-** |  |
| 2 | **Session 2** Lifestyle First Aid  **RECAP**Different parts of the body.  [**Interactive board task**](https://www.twinkl.co.uk/resource/tg-sc-05-parts-of-the-body-labelling-activity)  **Focus of session – Bleeding**  **Task 1-** Bleeding powerpoint. Discuss key words and treatment  **Task 2 –** Discuss words on word mat and how they relate to first aid,  **Task 3-**Practical task  Roleplay different cuts, or bleeding on the body and show how treatment can vary,  **Assess by** using pictures detailing how vocab is used.  **Resource-**  First aid power point |  |
| 3 | **Session 3-** Home tasks  **Daily Exercise**  **Exercise – walk to the local park, Up and down step / stairs/ Exercise in the garden/ follow a dance routine.**  Feedback about your own nature walk. What did you see? Describe them?  Agree an activity and its duration.  Complete the activity and report  Record in independence /physical  **IDEAS FOR SKILLS**  **Load the washing machine**  [**https://www.youtube.com/watch?v=xja1mLXfQDw**](https://www.youtube.com/watch?v=xja1mLXfQDw)  **Loading the dishwasher**  [**https://www.youtube.com/watch?v=z5PEVuzAHDg**](https://www.youtube.com/watch?v=z5PEVuzAHDg) |  |
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| Thursday | **30 Minutes EHCP – Independence Target** |  |
|  | **Session 1** – Food Preparation  **Task 1**- Un scramble the sentences to make sense of the scrambled egg instructions.  **Task 2**  Look at different snacks that can be made  Discuss what can be used |  |
|  | **Session 2 –** GOLF FITNESS and adapted golf  Rolling  **Gym FITNESS**  **Task 1 – Complete a short warm up.**  [**https://www.youtube.com/watch?v=aW\_JqSK-CgY**](https://www.youtube.com/watch?v=aW_JqSK-CgY)  **Task 2** – hold each position for 20 seconds. Listen to the names of the positions so you can create your own routine.  **Foot and Hand golf**  **Task 1 -** <https://www.youtube.com/watch?v=Icfdmkmk9Qw>  **Task 2**  To roll ball or kick the ball to different targets or to use household equipment to send ball to a target.  If you have a garden or safe outdoor space. Play some urban footgolf. Set up targets, up hill down hill.  Assess pictures against EHCP |  |
|  | **Session 3- Hobbies**  Following rules in a game  **Task 1 –** Play a board game with a dice  Discuss rules of the game and how a winner is decided.  **Task 2**  Play game focusing on turn taking and reading the tile. If they can not read the tile move back one space and read this tile before their next roll of the dice/ number generator. |  |
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| Friday | **30 Minutes EHCP –**  **Social Well-Being Target** |  |
|  | **Session 1** – Food Preparation  Improve Knife Skills to support with independent cooking.  **Task 1 –** Beans on toast  Discuss process and what to do first.  Use toaster to toast bread  Pour beans into jug  Microwave beans 1 minute  Butter toast |  |
|  | **Session 2-** Managing Social relationships  **Task 1**  Ask questions to  **Task 2**  Think about what they have done over the last week.  **Task 3**  **Assessment task** –  Friendship and acquaintances work through task and tick what is appropriate and what is not. |  |
|  | **EHCP Catch Up Session** |  |
|  | **Students to use Discovery Expresso for independent Tasks**- Follow the link  <https://www.discoveryeducation.co.uk/login/autologin/?service=espresso&user=admin&token=OTU3MTspVPr0PO5AQJj9P5yLIYlhVMTQNw==&err=na>   |  | | --- | |  | |  |
|  | **Task** | **Progress** |
| **(Daily)**  **Physical Exercise** | [**https://www.youtube.com/watch?v=-TGEdzRzSbw**](https://www.youtube.com/watch?v=-TGEdzRzSbw%20%20)  [**https://www.youtube.com/watch?v=faE7889AIaU**](https://www.youtube.com/watch?v=faE7889AIaU)  [**https://www.youtube.com/watch?v=wPVsVbSwQ60**](https://www.youtube.com/watch?v=wPVsVbSwQ60) |  |
| **(Weekly)**  **Independent living Skills** | **Making the bed**  [**https://www.youtube.com/watch?v=HtHM1mgt7Yk**](https://www.youtube.com/watch?v=HtHM1mgt7Yk)  **Load the washing machine**  [**https://www.youtube.com/watch?v=xja1mLXfQDw**](https://www.youtube.com/watch?v=xja1mLXfQDw)  **Loading the dishwasher**  [**https://www.youtube.com/watch?v=z5PEVuzAHDg**](https://www.youtube.com/watch?v=z5PEVuzAHDg) |  |
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| Daily Activities | **Daily Exercise**  **Exercise – walk to the local park, Up and down step / stairs/ exercise in the garden/ follow a dance routine.**  Feedback about your own nature walk. What did you see? Describe them?  Agree an activity and its duration.  Complete the activity and report  Record in independence /physical | |
| Independent living  Weekly | **Cook 1 hr / Food Critic – Focus Communication**  Cook evening meal with support.  Follow verbal instruction, Find item, chop ingredient and mix.  Prepare food.    Was the Food hot, warm, cool or cold.  Which item was the tastiest?  Would you change anything?  Repeat for pudding or treat. | |
| Daily/ Weekly | **Independent study 1 hr**  Review the week verbally or in written form.  What tasks have you completed?  What achievements are there?  What progress have been made and what are you going to work on next week.  Has information been emailed to teacher.  Report progress within email. | |
| Websites to support learning | **Discovery Expresso**- Follow the link  <https://www.discoveryeducation.co.uk/login/autologin/?service=espresso&user=admin&token=OTU3MTspVPr0PO5AQJj9P5yLIYlhVMTQNw==&err=na>   |  | | --- | |  | | |