**The Meadows Sixth Form Long Term Plan 22-25**

**SIXTH FORM LONG TERM PLAN OVERVIEW –SEMI FORMAL - FORMAL**

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|  | **My Thinking** | **My Communication**  | **My Body** | **My Independence** |  **MY Lifestyle**  |
| Everyday Lifeskills inc. Travel Training Embedded across Curriculum to develop Independence.  |
| **Year 1 2024 – 2025****Autumn 24** | **LSC-** Money ManagementDoE skills links - coinsDoE volunteering link – working in charity shop/school shop | **LSC-** Communicating and Using Information DoE skills links – JournalismDoE volunteering link – Help others read | **LSC –** Ball Games / Introduction to sportDoE physical links – learn a new sport | **LSC –** Planning and Running and enterpriseDoE volunteering link – FundraisingDoE skills links – Money management | **F Autumn 1 -**(MTP) Assertiveness and Gang exploitation **SF**- Healthy/ Unhealthy Relationships **DoE volunteering links – Helping others****F Autumn 2** **-**(MTP) Career options **SF**- Setting goals **DoE** **skills links** – skills for employment |
| **Spring 25** | **LSC-** Functional Skills – Going places DoE skills links – Navigation DoE volunteering link – Road safety  | **LSC-** Functional Literacy skills **Self and others** DoE skills links – Library/information skills | **LSC – Hobbies and activities** DoE physical links – Bikes, Paddling, Yoga | **LSC-** Co-operating with others DoE volunteering link – Helping othersDoE skills links – Event planning | **Spring 1** Relationships changes and Respectful Relationships**DoE** **skills links –** Life skills**Spring 2** Healthy Lifestyle **DoE physical links** – learn a new sport, cycling, yoga, paddling |
| **Summer 25** | **LSC-** Gardening activitiesDoE skills links – Gardening DoE volunteering link – Helping others | **LSC-** Group Nature Project DoE skills links – VloggingDoE volunteering link – Rural conservation  | **LSC-** Health and Hygiene DoE skills links – First aid | **LSC-** Work Experience DoE skills links – skills for employment  | **Summer 1 F.** (MTP)Intimate Relationships SF- Relationships and consequences**Summer 2** (MTP)Online presence – Employability **SF**- Rights and Responsibility **DoE skills links** – skills for employment |
| **Accreditation across the year (PSD ONLY)** | **PSD**- Managing Own Money |  | **PSD-** Making the most of Leisure | **PSD -** Safety in the home and Community  |  |  |

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| **Year 2 2022-2023****Autumn 2022** | **LSC-** Using Money DoE skills links - coins | **LSC-** Communicating in a group DoE skills links – public speaking **Optional** LSC- Using Technologyfor Leisure (LSC) using technology in the home and the community to support independence  | **LSC-** Participating in different leisure activities DoE physical links – Bikes, Paddling, Yoga | **LSC-** Mini Enterprise units  DoE volunteering link – FundraisingDoE skills links – Money management | **Autumn 1**LSC Mental Health and MTP**Autumn 2** Financial choices  |
| **Spring 2023** | **LSC-** Science Investigation DoE skills links – Chemistry, Physics, Biology DoE volunteering link – Environment  | **LSC-** Developing communication Skills DoE skills links – debate  | **LSC-** Taking Sport in the Community DoE physical links – Malthouse, Portway | **LSC-** Going shopping  | **Spring 1**LSC- My Family and Friends, (Relationships) DoE volunteering link – helping older people**Spring 2** Exploring Influence (MTP) |
| **Summer 2023** | **LSC-** Organisation on Time DoE skills links – Life skills | **LSC-** Functional Skills Public Transport and Leisure facilities DoE volunteering links – Road safety  | **LSC –** Yoga and Therapy DoE physical links –, Yoga | **MTP**- Understanding Work DoE skills links – skills for employment | **Summer 1**Dealing with emergency situations **Summer 2** Parenting and adult relationshipsDoE volunteering link – helping children |
| **Accreditation across the year (PSD ONLY)** | PSD- Environmental Awareness Entry 1 – 3DoE volunteering link – nature walk  |  | PSD - Healthy Living Entry 1-3 | **PSD- UTE-** Using technology in the home and community**Entry 1-3**  |  |  |

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| **Year 3 2023-2024****Autumn 23** | **LSC-** Cooking for Myself DoE skills links – cookery  | **LSC-** PSHE Through Literature DoE skills links – library and information skills | **LSC** Health and Fitness and Sport Activities DoE physical links – learn a new sport | **LSC-WTE1-E1** Follow Workplace instruction**E2-E3 PSD-** Working together in group**/Maintaining work Standards**  | **Autumn 1** Future opportunities **DoE** **skills links** – skills for employment**Autumn 2**Application , employment and career progression **DoE** **skills links –** skills for employment. |
| **Spring 24** | **LSC-** DFS Shopping DoE skills links – money, coins | **LSC-** WTE1 Group activity / Listening and RespondingDoE skills links – debate | **LSC –** Using a Community Fitness Trail DoE physical links Malthouse – canoeing, bikes and trikes | **LSC-** Doing own Laundry DoE skills links – life skills | **Spring 1** Assertive communication (Inc Relationships)**Spring 2**LSC- Safety in independent context **DoE** **skills links – learn about emergency services.** DoE volunteering links – personal safety. |
| **Summer 24** | **LSC**- DFS Horticulture DoE volunteering links – environment, farm walk | **LSC –**Personal Planning - Target Setting  | **LSC**- Join a Breakfast Club  | **LSC-** Work Experience DoE volunteering links – working in charity shop, help others, littler picking | **Summer 1** Changing relationships inc. pregnancy **Summer 2**Readiness for work  |
| **Accreditation across the year (PSD ONLY)** |  | PSD- Developing SelfE2,E3 | PSD- Community Action (Raising money) E1,E2,E3 | **PSD-** Preparation for work E1,E2,E3  |  |